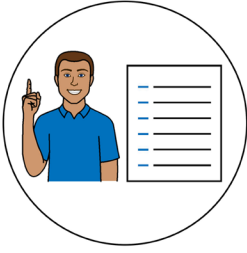


Your choices



Easy English

Hard words



This book has some hard words.

The first time we write a hard word

- the word is in **blue**

- we write what the hard word means.

You can get help with this book



You can get someone to help you

- read this book

- know what this book is about

- find more information.

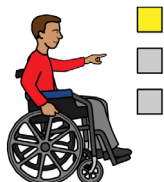


We will write contact information at the end of this book.

About this book



This book is from Enhanced Lifestyles.



This book is about your right to make **choices**.



You might make choices about

- your education



- your job



- your health

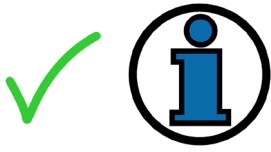


- your services



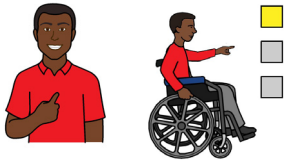
- your daily activities.

How we support you to make choices



We make sure

- you get clear information

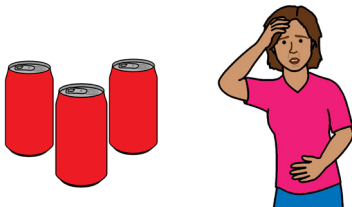


- you understand your right to make choices



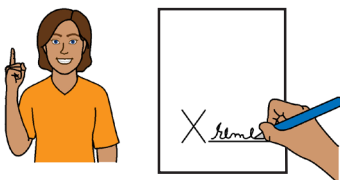
- your choices are written in your file

- you can do what you want even if there is **risk**.

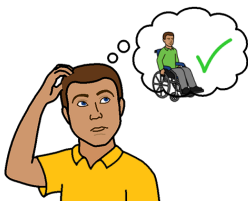


Risk means bad things might happen.

For example, if you drink lots of soft drink you might get health problems.



If it is a big risk you need to sign a form to say you understand what might happen.



When we help you to make choices we will think about what is good for you.

Help from an advocate

You can get help from an **advocate**.



An advocate can be

- a family member



- a friend

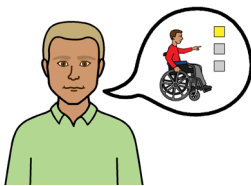


- someone from an advocacy service.

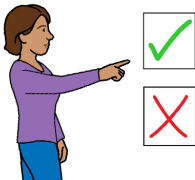


An advocate can help you

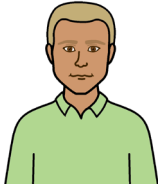
- understand information



- say what you want



- make decisions.



Advocacy services in South Australia

Disability Rights Advocacy Service

Call 08 8351 9500

Email admin@dras.com.au

Advocacy for Disability Access and Inclusion

Call 08 8340 4450

Freecall 1800 856 464

Independent Advocacy SA

Call 08 8232 6200

Freecall 1800 999 884

Email indepadv@internode.on.net

Disability Advocacy & Complaints Service of SA

Call 08 7122 6030

Email admin@dacssa.org.au

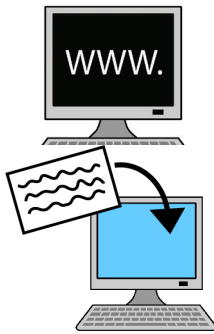


More information

For more information contact
Enhanced Lifestyles.



Call 08 8340 2000



Website el.org.au

Email hello@el.org.au

Our address

215 Port Road
Hindmarsh SA 5007



National

Relay

Service

If you need help to speak or listen

Use the National Relay Service.




Website
accesshub.gov.au



Call 1800 555 660

Give the relay officer the phone number you
want to call.



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