



Partnered Since 2019



ENHANCED LIFESTYLES NEWS

June 2020

EL Bi-Monthly Newsletter • June edition 2020

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Strategic Plan 2020-2021

As part of the strategic plan, the Board has reviewed the focus and core values of Enhanced Lifestyles. The original focus and core values are detailed on page 5. The two new versions are located on pages 6 and 7.

We encourage you to provide your feedback about the suggested changes via feedback@enhancedlifestyles.com.au. You can mix and match the different values to suit other versions.

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OFFICE & BOARD NEWS

Chairperson's Message



Surviving and Thriving in a COVID-19 Environment

The Enhanced Lifestyles Board of Management has been as busy as ever during the COVID-19 restrictions. So, what have we been doing?

Maintaining the Board

Our first task was to examine what would happen if Board members contracted COVID-19 and to make sure there was always a Board to govern the Association. We have identified several 'deputies' who, if needed, would assist the Board until the COVID-19 restrictions were eased.

Monitoring Finances

The Board has also ensured that there would continue to be sufficient funds for the Association to provide services to its members. While some agencies have struggled financially, Enhanced Lifestyles has been very creative with the way it has provided services during times of self-isolation. This has ensured members have continued to receive a service (even if it was different from what they were used to) and funds continued to roll in.

Strategic Planning

Last week the Board began its mini strategic plan for 2020–2021. Our next step will be to consult with you, the members, and our other external stakeholders. Keep a lookout on the website for more information on how you can contribute. What do you think we should be focusing on in the next 12 months? Once things settle down with COVID-19, we will be focusing further into the future with a three-year strategic plan for 2021–2024.

Keeping Safe

There has been a lot of information in the news and social media lately about keeping safe during COVID-19 and NDIS participants who have been hurt. Hearing these news updates can put us on edge, and make us worried, sad or just plain angry. If you feel unsafe at any time, please speak up! No one should feel unsafe at home or when receiving NDIS support.

Some people find it easy to speak up when something is wrong; others find it more difficult or are uncomfortable and don't want to make a fuss. It is important that you are treated with dignity and respect, and that you feel safe. If you need help to speak up, you can:

- talk to a friend,
- talk to family
- use an advocate
- fill out feedback form
- call the office
- call a Board member
- call the NDIS Quality and Safeguards Commission

If you know someone who is in an unsafe situation

- talk to them about getting help.
- Assist them to find support
- Call the Office

At Enhanced Lifestyles, we want to hear if something is wrong so we can help you to fix the problem. We can put you in touch with people who can assist you and support you. Never be afraid to call the office on 8340 2000.

Deb Clark
Nothing about us without us!

THE ENHANCED LIFESTYLES TEAM

Board Representatives

Chairperson

Deb Clark

Vice Chairperson

Marnie Trebilcock

Treasurer

Trudy Gepp

Secretary

Marnie Trebilcock

Committee Members

Louise Braybon

Anna Farrugia

Gordon Browne

Operations Team

Chief Executive Officer

Jeremy Mills

Chief Operations Officer

Noel Cornwill

Corporate Services Team:

General Manager

Leigh Goodenough

Senior Human Resources Officer

Belinda Smith

Human Resources Officer

Anna Braunack-Mayer

Senior Finance Officer

Jordon Lee

IT & Projects Officer

Haydon Ford

Administration officer

Debra Anderson

Business Development & Culture Team:

General Manager

Bronni Siggs

Marketing & Communications Officer

Jamie Denyer

Quality Learning & Development Team:

General Manager

Ryley Johns

Learning & Development Officer

Emma Moss

Engagement & Quality Officer

Russell George

Quality Learning & Development Team:

General Manager

Sarah Maynard

Senior Support Coordinator

Briony Drappala

Support Coordinators:

Maria Pallant

Judith Darragh

Danielle Kirkness

Emily Pennell

Michelle Downie

Alison Sinnott

Everly Smith

Carol Mayersbach

Customer Relations

Lisa Turton

Claudine Sutter

Daniella Ross

Service Delivery

Tahlia Hedges

Mia Anfiteatro

Emma Sharples

Joshua Philpott

Taleala McCarthy



We Value Your Feedback

Feedback is extremely important to us so we can work out what we're doing right and what we need to improve on. This is to ensure we can provide quality services for Customers as well as a safe, rewarding and positive work environment for all of our employees.

What types of feedback can I provide?

You can provide all types of feedback, whether that be a compliment, complaint or suggestion for improvement. It is just as important to let us know when we are doing something right as well as when there is an issue to give us a balanced view of the organisation.

How can I provide feedback?

You can provide feedback through a variety of channels.

- By filling out a hard copy feedback form at each head office
- By requesting an electronic version which the operations team can email to you
- By completing a feedback form on our website: <https://www.enhancedlifestyles.com.au/contact/feedback/>
- By speaking to an operations employee who can fill a feedback form out on your behalf

Once you provide feedback, it will be assessed and responded to depending on the type of feedback provided.

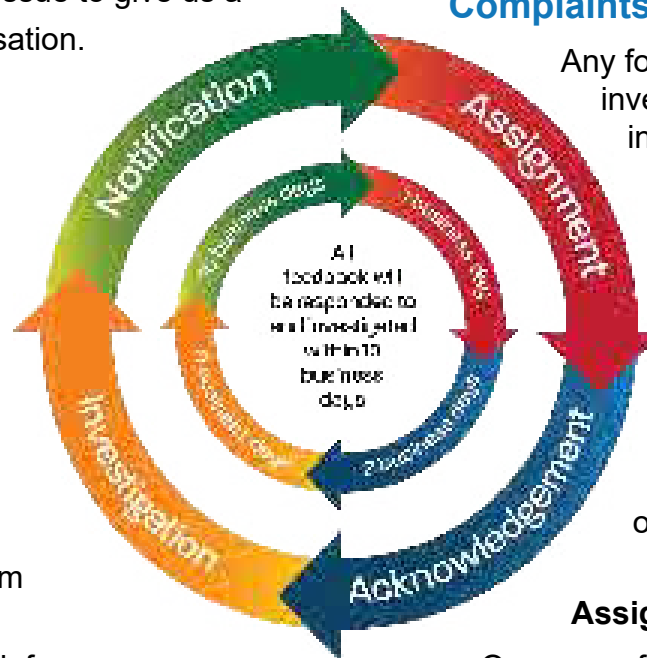
For compliments: You will receive a letter of acknowledgement and thanks from the relevant individual/department

For complaints: Please see below for a detailed explanation of the complaints management process

For suggestions: This information will be placed on a Continuous Improvement form and assessed

For comments: You will receive a letter of acknowledgement and thanks from the relevant individual/department.

Complaints Management Process



Any formal complaints will be investigated by the relevant individual/department (please see the previous page for a break down of who investigates what) and responded to within 10 business days.

Please see the flowchart on the left depicting how the investigation process will occur:

Assignment

Once your feedback form has been received, it will be assigned to the relevant individual/department for investigation.

Acknowledgement

You will receive formal acknowledgement of the receipt of your feedback form.

Investigation

Your feedback will be investigated. You may be contacted to provide further information or context around your feedback.

Notification

You will receive notification of the results/ outcome of the investigation.



Enhanced Lifestyles Original Focus & Core Values



Vision

We will be an innovative leader within the disability sector,
delivering high quality, Member-Governed services

Purpose

To enable independence through maximum choice and control

Core Values

Communication

Being open and
honest with all
stakeholders of the
organisation

Quality

We will ensure
excellency
through cotineous
improvement

Members

Members will lead
and direct their
services

Commitment

We are wiling to go
the extra mile for
our Members and
their needs

Teamwork

Our team will work
together to ensure
Members are
satisfied



Enhanced Lifestyles New Focus & Core Values Version 2



Vision
We will be an innovative leader within the disability sector, delivering high quality, Member-Governed services

Purpose
To enable Members and families to lead and direct their services to maximise independence

Core Values

Communication
Being open and honest with all stakeholders of the organisation

Quality
We will ensure excellency through cotineous improvement

Respect
We will promote and advocate for people's rights for dignity of risk and privacy

Commitment
We will commit to ensuring services are tailored to meet Members' needs

Teamwork
We will commit to ensuring services are tailored to meet Members' needs.

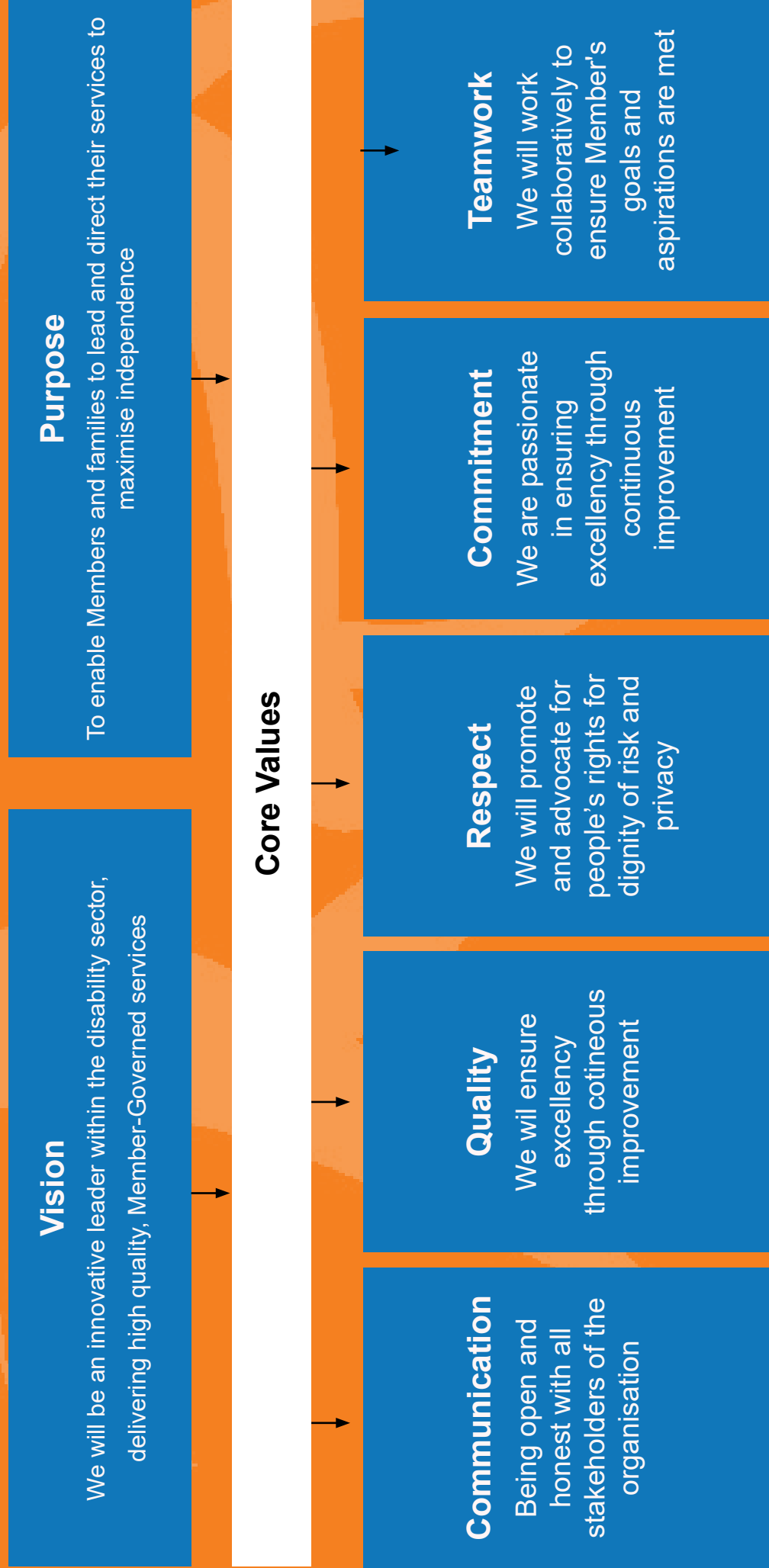


Enhanced Lifestyles

New Focus & Core Values

Version 2

.....



Disability Royal Commission

You may have heard the term “Royal Commission” in the news in recent years. Australia has previously seen Royal Commissions into Aged Care, Banking, and the Catholic Church, all of which were well-publicised. These Royal Commissions resulted in many changes within their respective sectors.

The Disability Royal Commission was established in April 2019 in response to community concern about widespread reports of neglect, abuse, exploitation, and violence against people with disability. These incidents might have happened recently or a long time ago.

In Australia, a Royal Commission is the highest form of inquiry on matters of public importance. Royal Commissions have broad powers to hold public hearings, call witnesses, and compel evidence under oath. Royal Commissions make recommendations to the government about what should change.

To gather information, community forums will be held across Australia for people to share their feedback and ideas. There will also be public and private hearings for the Disability Royal Commission to hear from people who have been asked to give evidence by the Commissioners. Due to Covid-19, all public hearings have been postponed until further notice. However, the Commission encourages submissions via phone, in writing, or via video.

This Royal Commission will enable people with disability to share their personal stories and inform the development of a more responsive, empowering, and inclusive community for all Australians.

The Disability Royal Commission will investigate:

- preventing and better protecting people with disability from experiencing violence, abuse, neglect, and exploitation;
- achieving best practices in reporting, investigating, and responding to violence, abuse, neglect, and exploitation of people with disability
- promoting a more inclusive society that supports people with disability to be independent and live free from violence, abuse, neglect, and exploitation

The Disability Royal Commission gathers information through research, public hearings, and people’s personal experiences conveyed in submissions, private sessions, and other forums.

It is envisioned that a final report will be handed to the Australian Government by 29 April 2022, recommending how to improve laws, policies, structures, and practices to ensure a more inclusive and just society.

Enhanced Lifestyles prides itself on being a zero-tolerance organisation and welcomes the Royal Commission into Violence, Abuse and Exploitation of People with Disability.



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 Enhancedlifestyles.com.au



Supporting Our Community

Our community was severely impacted during the COVID-19 pandemic, with many families and businesses suffering as a result. We have put our foot forward to help those who have suffered these past several months get back on their feet.

Enhanced Lifestyles has taken part in a campaign titled 'Community Matters'. We will join our partnered organisation Lifestyle Assistance & Accommodation Service (LAAS) as well as several other businesses in the Riverland and Mallee region.

The campaign will focus on the welfare of our people and the economic recovery of the Riverland and Mallee community.

Initially, the campaign message will focus on the community's current situation and the ongoing process of recovery in our regions. Each participating partner brand will be intrinsic to the campaign. An essential part of the message content and delivery.

Stage 2 of the campaign will be a focus on the economic and cultural recovery of our regions which will see participating partners, along with 5RM, Magic 93.1 launch a regional economic stimulus promotional event, allowing other businesses in retail, service, manufacturing,



tourism, hospitality and trades at all levels to participate.

This event will be a “Stay Local, Shop Local, Live Local” promotion. A significant on line approach will be taken, at the heart of this will be the brand and #Hashtag Community Matters.

It's not known what the duration of this initiative will be, but at this early stage, organizers are looking at a period of at least 6 months to launch, develop and embed this concept into the collective consciousness of our region.

The First step is to launch a comprehensive radio, television social media and on line strategy featuring the contributing local businesses. A series of community-based messages from these businesses, will be at the heart of the campaign, running on 5RM, Magic 93.1, the Win Network.

In addition to uplifting and improving our state

of mind, our confidence and the economic development of our region, 5RM, Magic 93.1 and the WIN Network, along with our community partners, will be running a food drive with Riverland Food bank. There will set up drop off points around the region to donate food items. In preference, these drop off points will be with one of the chains like Foodland.

Currently, in stage 1, we are featuring on 5RM, Magic 93.1 and KIX Riverland.

The Community Matters campaign is a fantastic initiative that we are very proud to be a part of. The important relief that it will provide to the Riverland region is needed for those who were severley impacted throughout COVID-19.

QUALITY & SERVICES NEWS

Training Overview

Some Customers that you work with may have behaviours of concern which may be caused by their disability and or mental health. Working with someone that exhibits behaviours of concern can be complex and can present some challenges for the workers and their families. Therefore, it is important that workers have the necessary training in positive behavioural support to ensure the following:

- To minimise the risk of harm being caused to the Customer and the worker
- To ensure that services are in line with the person's rights, choices and goals which often reduces instances of the behaviours of concern
- Providing positive behavioural support also reduces the need for restrictive practices which is something that we all need to be aiming for in line with the NDIS Code of Conduct

A new series of films called the Foundations of Positive Behaviour Support have been launched on the NDS Zero Tolerance website and they provide an overview of positive behaviour support and discuss some of the foundational elements that are necessary when providing positive behaviour support.

NDS Zero Tolerance Considering Additional Risks

<https://www.nds.org.au/zero-tolerance-framework/considering-additional-risk>

Topics covered in the films include:

- What is Positive Behaviour Support?
- Quality of Life
- Listening and Communicating
- Being Aware of Sensory Needs and Preferences
- Upholding the Values of Positive Behaviour Support
- An overview of useful strategies working with individuals with an ABI

IMPORTANT REMINDER: NDS Understanding Abuse and Restrictive Practices Modules



It is a management directive that all employees complete the NDS Understanding Abuse and Restrictive Practices video modules as soon as possible. If you have not completed the training, please do so as soon as possible because minimising or avoiding the use of restrictive practice is a core requirement of the National NDIS Code of Conduct and working in the disability sector. We appreciate your cooperation in this matter. Another reminder email with instructions will be sent shortly.

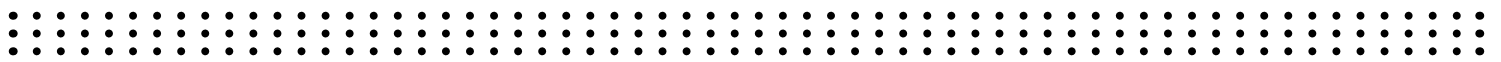
The modules are available on the NDS Learn and Develop Portal. The first time you login, you must use your first and last name separated with a full stop and the generic password, 'welcome'.

<https://ndslearnanddevelop.sumtotal.host/>

Please contact Emma at training@enhancedlifesytl.com.au or via 8340 2000 if you require further assistance with logging into the portal or any would like further information about upcoming training. A new training and events calendar for the next six months will be circulated shortly.

Work, Health & Safety

The many cases of abuse and neglect that are emerging from the Royal Commission and the tragic death of Anne-Marie Smith, highlight the need for all workers to actively identify, report prevent the abuse and neglect of people with disabilities. In line with NDIS Practice Standards, Enhanced Lifestyles takes a proactive response to ensuring the safety of all Customers and workers. We recognise the importance of workers having the necessary skills in being able to identify the risks and work effectively with a person who has behaviours of concern to prevent harm from occurring. Which is why we are recommending that all employees watch the NDS Positive Behavioural Support Films which are available for free on the NDS Zero Tolerance website.



Service Delivery News

Service Delivery Officer Mia Anfiteatro is now on maternity leave for the birth of her first daughter! We wish her all the best and good health during this exciting time in her life.

The Service Delivery team would like to remind everyone of a couple of things to assist them in dealing with enquiries.

The after-hours phone is available for customers and LAs to notify the Service Delivery Team of issues when the office is closed and the matter is urgent. We kindly ask that you do not call or text the after-hours phone for non-urgent matters, as it puts customers at risk due to potentially delaying Service Delivery Officers from attending to urgent issues.

The office opening hours are:

Monday-Friday: 7am – 7pm
Saturday: 7am – 5pm
Sunday: 7am – 5pm
Public Holidays: 7am – 3pm
After hours: 7pm - 7am

Just a reminder about our after-hours phone service. All Service Delivery Officers who answer the phone work an 8-hour shift that day plus an 8-hour shift the following day. It is not an independent service operated by people who stay up all night answering the phone; it is a service fully coordinated and provided by Enhanced Lifestyles.

Please be aware that the after-hours phone is manned by Service Delivery Officers who are

not able to answer any queries related to billing, payroll or TeleClock as they do not have access to this confidential information. The majority of calls to the after-hours phone are non-urgent matters that could have waited until the following day and/or can't be answered by the Service Delivery Team.

We appreciate your assistance in not calling the after-hours phone with queries that are not urgent matters.

Protocols for accepting shifts for LAs:

- If you are unable to attend a shift, please call the office during office hours or the after-hours mobile. Please do not send a text message or email as this can be missed, especially if you are giving less than an hour's notice.
- If you are unable to accept a shift, a simple no is all that's required. Not only does this assist Service Delivery to fill the shift more quickly, but it also means they don't follow up repeatedly to see if you are available.
- If you accept a shift, please attend it. Don't accept a shift if you are unsure of your availability or if you already have another shift. We have had instances of this occurring and being provided with very little notice to find another person to complete the shift, which puts customers at risk of not receiving service.

Thankyou for your assistance with these matters.

The Service Delivery Team

PEOPLE & CULTURE NEWS

2020 Lifestyle Attendant of the Year Awards Nominations



This year, we will be hosting an awards ceremony to recognise our high-performing Lifestyle Attendants who go above and beyond for their customers. There are seven categories (see page 11), which will be awarded based on the organisation's core values.

A shortlist of five nominees will be announced for each category on Wednesday 5 August. The winners will be awarded at the Lifestyle Attendant Employee Engagement Event.

All recipients of the awards will receive a \$400 gift voucher, as well as a memento to celebrate their achievement. The recipient of the Phillip Beddall Memorial Award (male) Lifestyle Attendant and Joanne Howard Memorial Award (female) Lifestyle Attendant of the Year will each receive a \$750 gift voucher for their exceptional work over the past year.

All customers, their representatives and employees can nominate Lifestyle Attendants for these awards (including members of the operations team).

Nomination forms have already been sent out to all customers and employees of the organisation. If you would like another copy of the nomination forms, please contact Jamie Denyer, Marketing & Communications Officer Jamie Denyer on (08) 8340 2000 or marketing@enhancedlifestyles.com.au.

We are extremely excited to be running the event this year, and hope that everyone can be involved and support it.

Award Categories

Male Lifestyle Attendant of the Year Award

Phillip Beddall Memorial Award:

Overall high performing male Lifestyle Attendant of the Year who displays all the attributes within the core values (below)

Female Lifestyle Attendant of the Year Award

Joanne Howard Memorial Award:

Overall high performing female Lifestyle Attendant of the Year who displays all the attributes within the core values:

- Communication
- Customer
- Commitment
- Quality
- Teamwork

Core Values Awards (individual awards)

Communication Award: Being open and honest with all stakeholders of the organisation

Customer Award: Customers will lead and direct their services

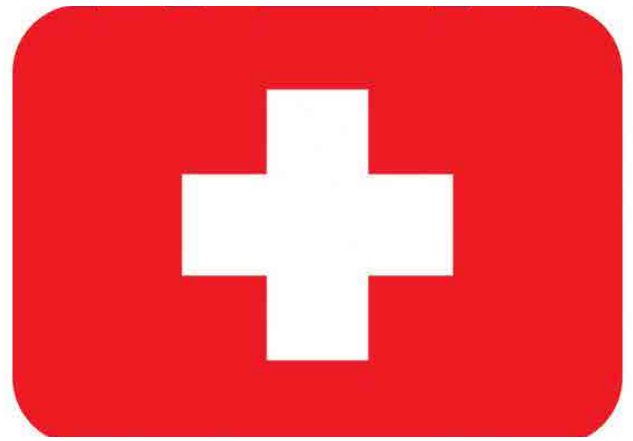
Quality Award: We will ensure excellency through continuous improvement

Commitment Award: We are willing to go the extra mile for our Customers and their needs

Teamwork Award: Our team will work together to ensure Customers are satisfied

A person can be nominated for more than one category, but a nomination form must be completed individually for each category. No nomination will be accepted if they are nominated for multiple categories using one nomination form.

Certificate Reminders



This past month we have sent employees reminders that their First Aid, CPR and Manual Handling certificates had expired.

First Aid, CPR and Manual Handling is a mandatory training requirement and must be kept up to date to ensure the safety of our customers. Manual Handling lasts for two years.

If you received an email requesting you update one of these certificates, please ensure you respond to this email and send a scan or snapshot of your certificate within 14 days of this email to Administration Officer Anna Braunack-Mayer anna.braunack-mayer@enhancedlifestyles.com.au.

As an interim measure, you may also send us a receipt of payment as proof that you will be attending training in the coming weeks and we will record the date of training on our system.

As soon as you have received your certificate in the mail (or via email), please send a copy (a photo is acceptable) to anna.braunack-mayer@enhancedlifestyles.com.au.

This is because we require evidence that you have completed the training, which is stored in your employee file.



This past month has seen the organisation continue to grow. With this new growth we have had several new staff members join our operations team. We would like to give a warm welcome to the following staff! Please have a read through of their bios, we're very much looking forward to their contributions to Enhanced Lifestyles.

Welcome Leigh - Corporate Services Manager



Hi, I'm Leigh Goodenough and recently started with Enhanced Lifestyles in as the General Manager of Corporate Services. I have 20 years' experience in community services in a wide range of

areas including youth services, child protection, community development, refugee settlement and family wellbeing services. In my most recent role, I've been a Portfolio Manager with a not-for-profit community services agency, managing five teams and several sites across Adelaide. My work over the past 10 years has involved high level procurement and business development activity, including the proposal, attainment and subsequent management of several multi-million dollar projects. In my current role, I am responsible for People Management, Financial Management, Procurement, Strategic Planning, Training and Partnership Management. I have developed a solid knowledge of the disability sector through diverse project-based contracting work with Enhanced Lifestyles in recent years, including developing an NDIS quoting tool and securing tenders and funding applications, in addition to experience directly providing services to people with a disability in my previous role in local government. I am tertiary qualified in Management, Community Development, Training and Evaluation and I am currently undertaking specialised training in computer programming and data science. In my spare time, I enjoy spending time with my wife Jaime and my two boys at home or camping around SA.

Welcome Russel - Engagement & Quality Officer



I am an experienced standards compliance and policy development professional providing high level planning, implementation and evaluation of services and programs that focus on disability and ageing services in line with best practice in human services delivery.

Combined with my excellent time management skills and strong written and verbal communication skills I establish quick rapport that enables respectful relationships with team members and all stakeholders. I thrive on the excitement of new challenges that can arise and actively participate and offer leadership for a greater outcome.

Honest and hardworking, my goal is to continue to participate in the community services sector to work for the less privileged and more vulnerable members of our community and consider completing further study to enable me to work in the community sector as one of my biggest personal achievements.

About the role

Russel's role will be critical in ensuring that we build enduring relationships with our Customers. We do this by ensuring that customers are in the driving seat of decisions, we listen carefully to their feedback and timely and appropriate action is taken in response.

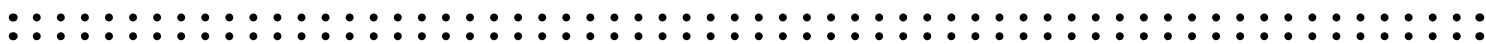
Russel will also play a key role in the Development and management of quality framework, ensuring that quality standards are met and continuous improvement occurs across the quality framework.

Enhanced Lifestyles see's this role as an investment to ensure feedback and incidents are better managed. Russel is available Monday - Friday 9am - 5pm if you would ever like to provide feedback to him. We always encourage Customers and employees of Enhanced Lifestyles to provide feedback about any aspect of the organisation to ensure we are providing high-quality tailored services. Welcome aboard Russel! We're very much looking forward to your contributions to Enhanced Lifestyle.

Welcome Anna - Human Resources Officer



I graduated from the University of Adelaide in 2016 with a Bachelor of Media and completed an Advanced Diploma of Screen and Media with TAFE SA in 2017. My tertiary studies have given me a broad knowledge of society and digital technology, but my passion is working with people. I am precise, thorough and enjoy collating and reporting data. I have excellent intrapersonal skills which allow me to listen and understand people, and I enjoy forming long lasting relationships with those I work with. In my free time I enjoy gardening and cultivating my vegetable garden, working on arts and craft challenges, and baking cakes and slices. Outside of work I can be found enjoying a coffee and cooing over any kind of dog. I am hoping to gain a post graduate qualification in HR within the next year to enhance my workplace skills. Currently I am the HR officer and if you have ever emailed in your Teleclock times, you have most likely spoken to me.



June Employee of the Month

Congratulations to Sally Lincoln for winning the employee of the month for June!

Sally received positive feedback from a customer who reported to us that she could not speak highly enough of all the wonderful assistance Sally provides. The customer reported that she felt safe and relaxed when Sally accompanied them to a doctor's appointment recently and provided the emotional support the customer needed on the day. The customer particularly likes how Sally doesn't put them under any pressure to engage during these appointments. The customer went on to say that the support Sally provides is highly appreciated and they think she's a fantastic worker!

Sally also received very positive feedback reported to us by another customer of Enhanced Lifestyles. Sally has a good understanding of the customer's needs, and they get excited when Sally is working with them, often counting down the time until she arrives on shift. The customer's representative is very impressed with the way Sally takes on a leadership role when supporting them by supporting other staff members to understand how to best support the customer. They reported that Sally consistently provides outstanding support and wanted management notified about the outstanding work Sally is doing.

Feedback from Service Delivery: LA Sally Lincoln is a great worker. Always accepts shifts to help out when needed. Sally shows her dedication, reliability and work ethic and Service Delivery are really thankful and appreciative, and it hasn't gone unnoticed. As this is your third positive feedback report in the last month, Enhanced Lifestyles would like to thank you for going above and beyond to deliver outstanding services to our customers by providing you with a \$50 Gift Voucher. Well done Sally! You are a valued employee of Enhanced Lifestyles.

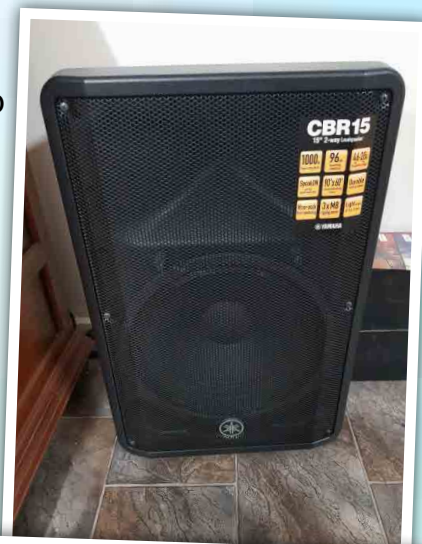


MEMBER NEWS

Matthew's Goal

Matthew has been involved in the music industry for many years and has DJ'd at several venues across South Australia. He's a fully registered DJ who goes by the name 'DJ Boogiemán' and is looking to get back into DJ'ing at events now that COVID-19 restrictions are being eased. One of Matthew's goals is to establish his own business in South Australia where he'll frequently be DJ'ing at events. If you are looking at organizing any future events or know of someone who might be interested in Matthew's DJ services please get in touch with us and we will pass your details on to Matthew!

He is anticipating everything will be setup around September - October this year including his own website! We're very excited to hear of Matthew's goals and can't wait to see how it develops.



MEMBER NEWS



Introducing James MaCulloch, a Customer of Enhanced Lifestyles. As a hobby and an interest, James has been conducting film reviews since September 2019. James' film reviews range from all different movie genres from Action, adventure, comedy, science fiction and many more! James' film reviews are going to be featuring in each of our bi-monthly newsletters throughout the year. In this edition we have included three blockbuster films throughout the years including The Avengers (2012), Shrek (2001) and Forrest Gump (1994). Please note that if you have not seen the films included in this newsletter but you plan on watching them, there will be spoilers! If you have a film that you recommend for James to review please contact Jamie Denyer, Marketing and Communications officer, via marketing@enhancedlifestyles.com.au

“The Avengers” 2012

Directed by Joss Whedon Earth's mightiest heroes Iron man, Thor, Captain America, the Hulk, Hawkeye and the Black widow are directed by Nick Fury of the SHIELD. They have to come together and learn to fight as a team and will need all their powers if they're going to defeat Loki and his Alien Army from enslaving all of humanity. This film is a modern day epic of sci-fi action adventure with powerful visual effects memorable characters, intense scenes and a fabulous ending that makes you want to watch the whole series. This is a very witty film, intelligent and takes the iconic heroes from the Marvel genre and blows you away with strong visuals and sound.



“Shrek” 2001

Directed by Andrew Adamson and Vicky Jensen. Plot, An Evil lord Farquaad exiles all kinds of fairy tale creatures to a swamp of a very grumpy Ogre, who must go on a quest (with a very talkative Donkey) and rescue a beautiful Princess for the Lord in order to get his land back. This film Won an Oscar for Best Animated feature. Nominated for 2.



Not your average cartoon! It's unprecedented, wondrous and very funny. Mike Myers and Eddie Murphy is hysterical. A film that appeals to the Heart, mind and your sense of humour. Shrek is a brilliant parody of almost every fairytale you can think of.

“Forrest Gump” 1994



Wow what an astonishing film. Directed by Robert Zemeckis. Can you imagine “Forrest Gump” without Tom Hanks he is unbelievable. Plot, The presidencies of Kennedy and Johnson, the events of Vietnam, Watergate and other historical events unfold through the perspective of an Alabama man with an IQ OF 75 whose whole desire is to be reunited with his childhood sweetheart. This won 6 Oscars, nominated for 12. Won Best picture, Actor, Director, Writing (Screenplay), Film editing and Visual Effects. All scenes are amazing. Life's lessons are learnt in one film. A beautiful fable for the whole family.



**Working Together
To Build
A Better Future**