

Support in your home



Personal care

Our Lifestyle Attendants work with you to develop regular personal hygiene routines tailored to your preferences. They're focused on the little details, making sure you are supported and confident in your everyday activities.

Our focus is on supporting you to conquer each day feeling fresh, comfortable, and fully empowered. Whether it's assistance from early in the morning as your day begins, help to choose the perfect outfit, regular toileting, or manual handling, each element of our support is grounded in respect and dignity.

Domestic assistance

We follow your direction in designing a service that's suited for your specific needs. Our Lifestyle Attendants are trained to complete tasks the way you like them, leaving you fully in control of your home and lifestyle. By keeping your home well-maintained, you'll enjoy being in your space every day - plus, you'll always be ready for friends and family to drop by!

- Choose a support schedule that works for you with 24/7 availability from our Lifestyle Attendants.
- Match with Lifestyle Attendants based on personality and your individual requirements.
- Tailor services based on your needs, goals and desired outcomes.





Maintain a healthy diet

Healthy, home-cooked meals provide us with the necessary energy and nutrients to fuel our daily lives. Our Lifestyle Attendants have the culinary skills to ensure your meals are prepared just the way you like them, fulfilling your dietary needs. In addition to meal preparation, we help you create shopping lists and go on regular grocery trips, giving you total control of your diet from start to finish.

By you, for you

Over thirty years ago, a group of people living with disability realised that no one was better equipped to choose the kind of support they needed than themselves. Honing their knowledge and skills, together they became architects and builders of their own individualised disability services.

Today, Enhanced Lifestyles remains a member-governed not-for-profit, our Board predominantly comprised of people who use our services. By designing support services based on lived experience, we deliver the services people want to live life the way they choose.



Call us on 08 8340 2000

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**ENHANCED
Lifestyles**

By you, for you.